



ISSUE 30
October 21st 2022

Office Hours - 8:30am to 4:00pm - Monday to Thursday
9:00am to 3.30pm - Friday

CALENDAR – The week ahead

TERM 4

Monday 24th October

- Assembly
- Grade 6 Urban Camp

Tuesday 25th October

- Grade 6 Urban Camp

Wednesday 26th October

- Grade 6 Urban Camp
- Uniting Parent / Carer session 2:30pm

Thursday 27th October

Friday 28th October

- Halloween Dress Up Day

Receive our newsletter by email, please send your request to: paynesville.ps@education.vic.gov.au

Term Dates 2022

Term 1: January 31st to April 8th

Term 2: April 26th to June 24th

Term 3: July 11th to September 16th

Term 4: October 3th to December 16th

PUBLIC HOLIDAYS

31st October – Pupil Free Day
1st November – Melbourne Cup Day

Dear Parents and Carers

What a week! How fortunate were the Grade 5 students getting such amazing weather for their 3 day Rail Trail Camp? It really was perfect! Well done to all our Grade 5 students for completing such an adventurous and challenging camp. You can be very proud of this achievement, it is an experience you will remember for ever! Thanks very much to all the school staff, parent and community volunteers and 'Up the Creek' staff for supporting our students and making it all happen. Please enjoy reading through a few of our students' reflections later on in the newsletter.

Next week, on Monday, Tuesday and Wednesday, the Grade 6 students are heading to Melbourne to complete the Urban Camp, and on Friday our Student Council are organising a Halloween Dress Up day with lunchtime games and activities.

Grade 5 Rail Trail





Ella K -

Bing, bam, zaboom

From Howitt Park we leave

It's time to ride the rail trail

Bairnsdale to Nicholson, Nicholson

to Swan Reach

Some at the front, some not

Finally, we reach Bruthen and

settle into bed.

Bing, bam Boom

We're off again

Steep slopes

All of a sudden, we're going down

again

We stop for the night

Then we make camp

We're up again

But this time, we're not on our bikes

Yes, that's right

We're on paddle boards

We fall in and get dry

It's time to catch the bus home

To get a good night's sleep.



Annabell- On the 17th -19th of October the Grade 5's went on Bike Camp and rode 66km! My favourite part was when we went paddle boarding and playing at Bruthen Primary School. We thank Rick, Sara, Robert, Ben, Herb, Wayne, Mr Floyd, Jill, Adam, Mrs Ingram and Ann for helping.



Lachie - My favourite bit would be spending time with friends. It was a good challenge riding up all the big hills. I was really nice when we got to the top of the hill.



Sylah - The best part of the Bike Camp for me was when we went stand up paddle boarding on the last day. It was so much fun and a great experience to end our trip. I hope all the grade fives to come enjoy it as much as I did.

Issabell - My favourite part was when Annie fell off the stand up paddle board and when we made pizza for dinner.

Caitlin - We started at Howitt Park on 17/10/2022. We went to Bruthen and slept at the Bruthen School. We travelled 32kms on the first day. On the second day we went to Nowa Nowa and stayed in cabins. I liked the stand up paddle boarding. It was funny when Mrs Ingram came in our cabin in the morning and made tea. We travelled 67kms in all.

Dixie - On Monday the 17th to Wednesday the 19th, most of the Grade 5's went on Bike Camp. On the first day we rode from Bairnsdale to Bruthen. On the second day (Tuesday 18th) we rode from Bruthen to Nowa Nowa. My favourite part was when we went paddleboarding. My group was trying to do a wheelie and it started to come up so Laila ran up and she fell over. It was so funny!



Liam - On the 17th of October 2022, the Grade 5's got to go to a Bike Camp where you ride 60kms from Bairnsdale to Nowa Nowa along the East Gippsland Rail Trail. On the first day we rode 33km from Bairnsdale to Bruthen. When we arrived at Bruthen, we stayed overnight at Bruthen Primary School. But that night, at about 8:30pm, we were playing gang-up tiggy, I was running from the people gathering at the start, and there was this little wall with a bench outside the shed. Then the ground just disappeared and I fell onto my arm and head. I sprained my arm extremely badly to the point of almost a dislocation.

But eventually the next day we rode from Bruthen to Nowa Nowa on a not too steep gradual climb up to Colquhoun. When we got a Colquhoun we ate morning tea and continued our ride to the trestle bridge. After Colquhoun, it was an awesome downhill to the trestle bridge. We ate lunch at the bridge and then rode up an extremely steep hill and then down a downhill to Nowa Nowa.

That night the rest of the class slept at the Mingling Waters Camp Park. Meanwhile I had to get picked up and brought back home because of my arm.

The next day the rest of the class did paddleboarding but I missed out.

Maths Talent Quest

On Thursday this week Charlotte and Anthony attended the MTQ awards ceremony in Melbourne. They both received High Distinction Awards for their mathematical investigations. Anthony received two additional trophies for being the winning National Entry for Year 1 Students and the FLIP Most Outstanding Individual for Lower Primary. Anthony and Charlotte also won two new games for our school, the Game of Life and Monopoly Cash Decoders. Congratulations to you both on this outstanding achievement.

This week in Kitchen...

Hamburgers were on the menu this week for our Grade 5/6 students and the middle and junior school students made chicken parma sliders! These look very delicious, well done to everyone. You might get dinner made at home by the kids soon mums and dads!





LEARN THE SKILLS
XPECT FUN!



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JUNIOR X

Sign up as a team or individually!
A fun, fast, modified game of football that everyone can play!



Thursdays
November 10 - December 8
4pm-6pm
Howitt park Bairsdale



Ages 8-14 years old
5 week competition
\$25 per participant



Contact: Brodi Harris
Email: brodi.harris@afl.com.au

Participant registration:



Team registration:



play.afl



Carey
Baptist Grammar School

THE MIDDLE SCHOOL PRODUCTION TOUR

MAYHEM *at* MIDDLE MANOR

Wednesday 26 October
Opening Night

Thursday 27 October
Junior School Kew

Fri 28 October – Mon 31 October
Tour Donvale and Regional Victoria



<https://events.humanitix.com/mayhem-at-middle-manor>

22007-012

Carey Baptist Grammar School presents...

'Mayhem at Middle Manor'

*To the Paynesville Community
at the Paynesville Community Hall,
7pm on Saturday 29th October.*

Free entry.

These students were going to perform for our school on Monday 31st October but it is a Pupil Free Day for Paynesville PS so they can't. If you are after some great entertainment please enjoy this community show.

Supporting Children and Families Through Change, Loss, and Uncertainty following Natural Disasters and COVID-19

Parent/Carer Session

Communities in East Gippsland have been heavily impacted by events such as the Black Summer Bushfires and the unfolding of the COVID-19 pandemic. This has brought many changes and losses for children and families. Higher levels of uncertainty have subsequently affected areas of daily life which raises many questions about the impacts and how we can best support our children.

Overview

Common questions:

- How can I talk about what is happening?
- What kind of reactions can I expect from my children?
- How can I best support those in my care?

Attendees will have the opportunity to:

- Consider the range of impacts that recent events are having on people
- Explore ways of managing reactions of children
- Hear about some creative ways of providing support

Attendees will receive a 'showbag' that contains information about the services that Uniting can offer as well as where to get further support if needed.



We invite you to join us at

Paynesville Primary School

This parent/carers session is for parents and carers to discuss helpful ways to support children and young people affected by the Bushfires nearly 3 years ago and more recently the changes and loss experienced from covid-19. We hope you can come!

Date: Wednesday 26th October

Time: 2:30-3:30

Afternoon Tea provided

For more information get in touch with Wendy (contact details below) or Linda King from Uniting linda.king@vt.uniting.org

Get in touch

**Wendy Ronalds-Community Resilience Officer
East Gippsland**

Wendy.Ronalds@mackillop.org.au

The Seasons for Growth suite of programs equip schools and other professionals to support children and young people, parents/carers and other adults in sharing their experiences of change and loss in safe and creative ways, understand and attend to their feelings, and learn skills for adapting and recovering.



Paynesville PS Calendar TERM 4

Please note any changes to the calendar have been highlighted in **RED**.

<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>	<u>20</u>	<u>21</u>	<u>22</u>
	Grade 5 Rail Trail Camp	Grade 5 Rail Trail Camp	Grade 5 Rail Trail Camp School Council Meeting 7pm			
<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>	<u>27</u>	<u>28</u>	<u>29</u>
	Grade 6 Urban Camp	Grade 6 Urban Camp	Grade 6 Urban Camp		Halloween Dress up Day	
<u>30</u>	<u>31</u>	<u>1 NOV</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>
	Pupil Free Day	Melbourne Cup Day		Regional Girls Volleyball		
<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>	<u>11</u>	<u>12</u>
			Grade 6 Coolamatong Lake Camp	Grade 6 Coolamatong Lake Camp	Grade 6 Coolamatong Lake Camp	
<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>	<u>18</u>	<u>19</u>
	Grade 3/4 Coolamatong Farm Camp	Grade 2/3/4 Coolamatong Farm Camp	Grade 3/4 Coolamatong Farm Camp	Grade 6 Sailing	Grade 6 Sailing	
<u>20</u>	<u>21</u>	<u>22</u>	<u>23</u>	<u>24</u>	<u>25</u>	<u>26</u>
<u>27</u>	<u>28</u>	<u>29</u>	<u>30</u>	<u>1 DEC</u>	<u>2</u>	<u>3</u>
			School Council Meeting 7pm			
<u>4</u>	<u>5</u>	<u>6</u>	<u>7</u>	<u>8</u>	<u>9</u>	<u>10</u>
<u>11</u>	<u>12</u>	<u>13</u>	<u>14</u>	<u>15</u>	<u>16</u>	<u>17</u>
	Grade 6 Graduation	Bairnsdale SC Transition			Last day of Term 4	