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ISSUE 31 – 9th October, 2015

Office Hours - 8:30am to 4:00pm - Monday to Thursday

CALENDAR OF EVENTS – TERM 4		PFA FUNDRAISING EVENTS	
<u>OCTOBER</u>		November	2016 Fundraising calendar
	ogram starts		Art Show (Melb Cup w/end)
Grade 2 slee 25 th – Nov 1 Chelsea PS v	Grade 2 sleepover 5 th – Nov 1 Chelsea PS visiting from NZ 0 th ART SHOW GALA EVENING		riday December 18 th
<u>TERM 1 -</u> Thursday January 29 th to Friday March 27 th	<u>TERM 2 -</u> Monday April 13 th to Friday June 26 th	<u>TERM 3 -</u> Monday July 13 th to Friday September 18 th	<u>TERM 4 -</u> Monday October 5 th to Friday December 18 th
<u>BLUE HOUSE</u>	<u>RED HOUSE</u>	<u>GOLD HOUSE</u>	<u>GREEN HOUSE</u>

Welcome to term 4,

I hope everyone had an enjoyable holiday. It was wonderful to see all of the smiling faces at assembly on Monday. We have had a number of new students start school this term and I encourage all families to make our new community members feel welcome.

Lions Peace Poster Competition

Every year Paynesville Primary School enters the Peace Poster Competition that is organised by the Lions. The Lions Club are strong supporters of our school and the Paynesville Community. This year we sent in some high quality entries in to this Art competition and I am very proud to announce that.. Melody Tomkins was overall District winner with Zara Steenholdt and Chloe Higgins second and third respectfully.

<u>The Kiwis are Coming – run for your life!!</u>

Students, staff and parents from our sister school in Auckland NZ will be here soon. I will send out exact details as soon as they are confirmed from NZ. They will arrive on or near to Saturday 24th and depart the following Saturday – flights etc depending. It is fantastic to have our Kiwi friends here and spend time together. A special thank you to everyone hosting a student, teacher or parent in your home.

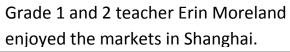


During the school holidays nine grade 5 and 6 students, ten parents and three staff travelled to China to visit our Sister School in Changshu. We landed in Shanghai and spent three days exploring this wonderful and modern city. We then travelled to Suzhou where we explored the canals and markets of the city the Chinese call the Venice of the East. After Suzhou it was off to Changshu where we spent 4 days with our Chinese friends. This was a very emotional time as families and friends met and shared stories about their time in China and Australia. Friendships were made and friendships were strengthened. From Changshu we caught an overnight sleeper train to Xian and visited the Old Walled City and the Terracotta Warriors – very impressive! Then after 2 days it was back on the overnight sleeper train and we woke up in Beijing. We stayed right in the middle of town and visited the Forbidden City, Tiananmen Square and the Great Wall.

It was a privilege to spend two weeks with nine wonderful Paynesville families and to create some life long memories together. If you would like to host Chinese students in your home next year or you would like to come with us to China in 2017 then please let the office know.

The cost of the trip is around \$3000. If a child banked \$10 per week from the time they started school – they would have this amount in their account. The local Bendigo bank have a number of students already with their own accounts and they are happy to open more.









The Steenholdt boys were a big hit in China. Kade enjoyed near celebrity status with the teenage girls.



Jo and Steven McKinnon met up with the parents of the twin boys (Kevin and David) that they had hosted earlier in the year. A very strong bond of friendship has developed. Steven is a hit in Changshu and has never had so many photos taken of him.



Shanghai

Suzhou → Changshu

X1an

Beijing

Peter and Rebecca Medling (above left) enjoyed exploring the old streets of Beijing. Anne Marie Higgins made new friends as she explored Suzhou city.



Nine days into our tour and still going strong!

Personal Development Classes

Grade 5 and 6 parents attended an information evening last night in the school staffroom where Anne Cross went over the content of the Personal Development Classes that students are to undertake. This is a valuable program that enables students to understand the changes that their bodies go through during puberty and to support their emotional wellbeing.

Basketball Update

This term we have 6 Paynesville Primary School basketball teams. We have 2 under 12 boys and two under 12 girls teams, one under 14 mixed team in the local high school competition and a dads and teachers team in the Men's B grade. Thanks to everyone who supports, coaches, washes and anything else I can think of.

Basketball Results this week

- ✓ Under 12 boys played each other. Mr Werrett's premiership side beat Mr Floyd's newbies. It was amazing to see the skill improvement of the older players and to watch the little guys gaining in confidence as the game progressed.
- ✓ In the under 12 girls both Luke's and Sheree's/Kates teams lost they played well.
- ✓ The under 14's went down by 6 to BSC and the mens B grade lost by three to a bunch of giants.

Building Resilience in Girls

Over the past year, Resilient Youth Australia has surveyed 18,156 young Australian females in years 3 to 12 to gain a picture of their resilience. Resilience can be defined as: **"the capacity to recover quickly from difficulties; toughness".**

Their aim has been to promote thinking about ways to build upon the strengths of girls and young women as well as addressing their areas of risk and vulnerability. We all want our children to live safe, happy and fulfilling lives.

The research found that 46% of girls and young women have excellent or good levels of resilience. In Australia we have a solid core of girls and young women who have resilience and who can be called upon to help raise the resilience of others.

The areas of strength for young girls are their connectedness to the adults in their lives and their understanding of boundaries and expectations. This is also confirmed by their strong sense of belonging to their families and to school.

Resilience is seen as a key skill for children and adults in dealing with the tricky curve balls that life can throw at us. Paying attention to building resilience in others is something all parents, teachers and friends can do.



Mittagundi is an Ouldoor Education Centre set on a stunning 400 agre property in the foothills of the Victorian High Country. Every fortnight a new journey begins as around twenty 14-17 year olds and two Clydesdale horses walk into the property, camping overnight in the mountains. Once there the new friends learn the ropes of milking the cow, chopping wood, baking bread and living life on the farm - all without electricity! A pianic is packed for the raft down the Mitta Mitta River and the abseil from the picturesque valley rock face before the team commence the 2-day journey back out.

The atmosphere at Mittagundi is simple, honest and happy. There are no watches, no timetables and no money. Instead there is an opportunity for young people to live and work together in an environment where people matter more than anything else.

10 DAY PROGRAM \$440pp

Includes all food, gear & accommodation! Sponsorship available! 14-17 year olds

> BOOK ONLINE <u>www.mittagundi.org.au</u> info@mittagundi.org.au 0467 678 818

2016 DATES

March 4th-13th (Mixed) April 1st-10th (Boys) April 15th-24th (Girls) April 29th-May 8th (Boys)

HURRY, FILLING FASTI



Proudly hosted by Paynesville Primary School







Come and see our School Art Show ~ every student has artwork on display ~

Also see artworks by artists from across Gippsland and Victoria at...

The <u>Paynesville Community Centre Hall</u> Opening Night Event (adult only) \$25 per head 30th Oct Saturday 31st Oct Sunday 1st Nov

Sat/Sun Opening hours: 9 am-4 pm

* Gold coin donation for entry

Paynesville Art Show

Our art show is ready to go! Help is needed with setting up the art screens, packing up on the Sunday, manning the desk at the front door over the Saturday and Sunday, manning the sales desk too, and we are going to run a cake stall so we will be sending home a paper plate for families to donate some food for the cake stall.it is our main fundraiser for the year. Many hands make light work! If you could spare some time to help us please let Vicki or the office know.

Paynesville Primary School has much pleasure in inviting you to the

Paynesville Primary School Art Show Gala Preview and Opening Night

To be held on Friday, October 30th 2015, At the Paynesville Community Centre, Commencing at 7.00 pm.

> The cost is \$ 25.00 per person; This includes finger food and beverages.



Tickets available at the door on the night or from Paynesville Primary School prior to the event. We look forward to seeing you there, and please feel free to extend this invitation to your friends

2015 Pre Prep Transition

