



# Positively Paynesville

Leading 21<sup>st</sup> century learning.



Paynesville Primary School • www.paynesville-ps.vic.edu.au • paynesville.ps@edumail.vic.gov.au • ph: 03 5156 6334  
School No: 2343 Est. 1881 • 31-47 Ashley Street (PO Box 38) Paynesville Vic 3880 • mob: 0458 566 371 • fax: 03 5156 7999

**ISSUE 1 – 31<sup>st</sup> January, 2014**

## **Week Ahead – Feb 3<sup>rd</sup> to 7<sup>th</sup>**

**Monday Feb 3<sup>rd</sup> – Assembly**

**Monday Feb 3<sup>rd</sup> – Lunch Orders resume**

**Wednesday Feb 5<sup>th</sup> – PEA Testing – No Preps at school**

## **COMING UP**

Mon Feb 10<sup>th</sup> – Grade 4,5,6 Swimming Program

Tues Feb 11<sup>th</sup> – Grade 4,5,6 Swimming Program

Wed Feb 12<sup>th</sup> – PEA Testing – No Preps at school

Thurs Feb 13<sup>th</sup> - Grade 4,5,6 Swimming Program

Fri Feb 14<sup>th</sup> - Grade 4,5,6 Swimming Program

Fri 14<sup>th</sup> Feb – Swimming try-outs for District competition

Wed Feb 19<sup>th</sup> – District Swimming Competition

**Monday  
Green Eagles**

**Tuesday  
Red Swans**

**Wednesday  
Gold Kookaburras**

**Thursday  
Blue Seagulls**

**Office Hours - 8:30am to 4:00pm - Monday to Friday**

**PFA MEETS EVERY MONDAY AT 9:30am**

**SCHOOL HATS ARE AVAILABLE – PRICE \$11.00**



**Dear Students, Parents,  
Caregivers and Friends of  
Paynesville Primary School,**

Welcome to the 2014 school year. We would like to extend a special welcome to the new students and families who have joined us this year. We have new students at all year levels so please introduce yourself and make our new families feel welcome.

With school starting again, I would ask parents and caregivers to keep at the forefront of their mind the importance of road safety around our school. This means being patient, slow and overcautious as children are not always able to make sense of traffic. Please take your time at pick up and drop off and we will make sure that

everyone is coming and going from school safely.

School council elections are coming up in March and I would encourage parents to consider putting themselves forward to play a part in the governance of Paynesville Primary School. If you think you would like to give some of your time, experience or expertise to our school please watch the newsletter for when nominations open.

## **2014 Staff**

We have a number of new staff joining us at PPS this year and they have loved their first week of school.

Please feel free to talk to staff about any aspect of your child's education.



Sheree Benton

Our 2014 staff members are:

Tony Roberts Principal  
Vicki Keys Assistant Principal  
Lauren Bills Business Manager



Laura Suckling

Katherine Dalton Prep Teacher & Junior Team Leader

Ebony Mooney Grade 6 Teacher & Senior Team Leader



Nick Schilling

Laura Suckling Grade 6 Teacher

Jack Werrett Grade 5 Teacher

Nick Schilling Grade 4 Teacher

Michael Doyle Grade 3 Teacher

Sheree Benton Grade 2 Teacher

Mary Sowa Grade 1 Teacher



Katherine Dalton

Marilyn Kay Student Support Team Leader

Judi Owen Student Support & Library

Brianna Tomkins Student Support

Nathanael van Delden Student Support

Kerry Walters Student Support, Office, Sports Coordinator

Samantha Bolleman Student Support, Afterschool Care

Angela Stringer ICT / Art / PE

Carol Roberts Science / Maths

Kate Churches Kitchen Specialist

Deanne Howlett Garden Specialist

Helen Alleaume Speech Therapist



Jack Werrett

### Out of Uniform Day Supporting The Cancer Council

Thankyou to parents and students for supporting the



work of The Cancer Council by allowing your child to come to school, out of uniform on Friday and by giving a donation.

Together we raised \$220.00

This Saturday the Paynesville Motor Cruiser Club are supporting the PPS Higgins family with their "Shave for a Cure" fundraising evening. There will be an evening of auctions and raffles starting at 6pm in support of The Cancer Council. A gold coin donation is required for entry. We wish the Higgins family all the best as they prepare to shave and colour their hair. I would like to sincerely thank Di Higgins for organising this event.

## Student Empowerment Program – “Mindfulness”

In 2014 we have a new program in place across all classes called “Mindfulness”. Our Mindfulness Program supports our existing ‘Bully Stoppers’ and ‘E Safe’ programs that are in place to help students learn to make the right social and emotional choices (Choice Theory).

As adults, we know how hard this can be, especially when we are feeling anxious or stressed. These programs are supported at Paynesville Primary School by the DEECD and the Bairnsdale Police.

Mindfulness targets the gap between asking children to make the right choice and children being aware of the own emotional state and behaviours.

All grades will have 5 thirty minute sessions over the coming 5 weeks. Students will learn to become aware of their own feelings and thoughts and then choose their responses and decisions. The idea is to create a space between feelings building up and the resulting response or behaviour. The aim is for children not to be overwhelmed by their feelings but rather to take the time to stay calm and allow themselves to develop a different and more positive perspective.

This program is another tool that children can take with them to navigate them through the social and emotional hurdles that life throws up and to steer themselves away from the habits of bullies or victims or both.

The program will be presented by Julie Watkinson and the classroom teachers.

## Swimming Program

Parents and Caregivers, please note that we have 4 classes swimming in February and then the other 4 classes swimming in March.

Please look for your child’s grade below and identify the days and times that your child swims.

You are more than welcome to come along and watch your child swim. Any help with children getting dressed would be appreciated.

Please name all belongings and provide children with a strong bag to put their belongings in to. If your child does not have googles you can buy them at a range of shops in town – googles are not essential but they do help some children. They do not need to be expensive googles. Children will not be able to buy items from the BARC shop.

Any questions regarding the swimming program, please contact Vicki or Tony.

### Feb 10 to Feb 25

**Feb 10,11,13,14,17,18,20,21,24,25.**

**Grade 6 Mooney and Grade 5 Werrett.**

Leave school at 11:15, Lesson from 12:00 to 12:45 return to school approximately 1:20.

**Grade 4 Schilling and Grade 6 Suckling.**

Leave school at 12:10 (NO CANTEEN LUNCH ORDERS) Lesson from 12:45 to 1:30 return to school approximately 2:10.

### Feb 28 to April 1

Feb 28, Mar 4, 7, 11, 14, 18, 21, 25, 28, Apr 1.

**Grades Prep D and 2B.**

Leave school at 11:15, Lesson from 12:00 to 12:45 return to school approximately 1:20.

**Grades 1M and 3D.**

Leave school at 12:10 (NO CANTEEN LUNCH ORDERS) Lesson from 12:45 to 1:30 return to school approximately 2:10.

### Milo Cricket

Milo Cricket resumes Thursday 4<sup>th</sup> February at 4 pm for those who enrolled at the start of the 2013 / 2014 season.

## What can parents and carers do to help their child's asthma at school?



- If your child is self-managing their asthma, or capable of taking their asthma medication independently, ensure that your child is always carrying their reliever medication (e.g. Ventolin, Asmol, Airomir and Bricanyl) as well as a spacer while at school
- Ensure that you have provided your child's school/preschool with an updated Asthma Action Plan
- Ensure that your child knows how to recognise early symptoms of an asthma attack and check to make sure they are using their reliever medication properly
- Ensure your child will seek help from school/preschool staff if they experience asthma symptoms
- Ensure that your child's asthma is being well managed and that their medication and management is reviewed annually by your GP (this is a good opportunity to also update the Asthma Action Plan required by your child's school/preschool)

For more information, please contact The Asthma Foundation of Victoria on 1800 278 462 or [www.asthma.org.au](http://www.asthma.org.au)

---

### Bairnsdale Netball Association

**Netball Team Registrations:** Season 1 2014 - we are now accepting Team Registrations for our first season. Registrations are due on or before Thursday 13th February 2014. On Thursday 13th February we will be at the WORLD Building in Wallace St Bairnsdale between 4.00pm and 6.00pm accepting registrations or alternatively by email prior to this date.

**Grades:** 11 Years & Under, 13 Years & Under, 15 Years & Under and Senior Sections.

Registration Forms are available by emailing Jodie at [bdale.n.a@hotmail.com](mailto:bdale.n.a@hotmail.com) or alternatively picking one up at Inland Surf (Karls) or Sportsco Bairnsdale.

*If there are any individual players looking for a game just email us and we will place your name on a list, in case any teams are looking for players.*

---

Tennis coaching at the Bairnsdale Tennis Club starts up again on the week of the 3<sup>rd</sup> Feb. There are new times so if you were having lessons and did not receive an email please contact Aidan -0422150911

## Spare Pavers ?

We need any spare pavers that you no longer need ( even if its just one or two ). We will be creating a mosaic with these pavers for our new kitchen garden

 *Paynesville Music Festival*  
**Family Bush Dance**  
Saturday 22 February. 6PM - 10PM  
BBQ 5:00pm - 6:00pm.  
A night of fun for the whole family and friends



### Moore Fiddling Around (With Friends)

Caller & percussion: Jim Rowley - Fiddle and Mandolin: Kay Moore.  
Bass / Vocals/ Guitar: Don Mc Coll - Flute: Christine Ross.  
and Friends. (For more information, contact:- 0427 686 347)

A-Frame Hall, A'Beckett Park.  
1-25 First Parade, Raymond Island.

Sausage sizzle in outside covered area, or bring your own picnic/ fish n chips/pizza etc. BYO drinks

Prizes for best county style dressed girl and boy and adult couple.

Kids games, activities & prizes. Tea & coffee available .

**\$5 per person or \$ 15 family. - \$1 for a sausage in bread.**

If you have any items for the this weekly newsletter, please ensure they are lodged at the office by Thursday 3:30pm.

Email: [paynesville.ps@edumail.vic.gov.au](mailto:paynesville.ps@edumail.vic.gov.au)

Thank- you

---