



# NEWSLETTER

ISSUE 6 Term 2 Week 2 1st May 2025

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## UPCOMING EVENTS

**Mondays** Lunch Orders  
**Tuesdays** STEM and Music Specialists  
**Wednesdays** Food Tech and Art Specialists  
**Fridays** Assembly 2:50pm

### TERM 2

#### Week 3

##### Thursday 8th May

- Mother's Day Stall

##### Friday 9th May

- Do It For Dolly Day  
Gold Coin Donation and Blue Dress up

#### Week 4

##### Monday 12th - Wednesday 14th May

- 3/4 Coonawarra Camp

##### Friday 16th May

- Winter Sports - 5/6 Students

#### Week 5

##### Monday 19th May

- School Photos

##### Thursday 22nd May

- Biggest Morning Tea 11:30

#### Week 6

##### Monday 26th May

- National Sorry Day

#### Week 7

##### Monday 2nd June

- Reconciliation Week Assembly 9:00
- Reconciliation Day Activities

##### Thursday 5th June

- World Environment Day - Clean Up

## Office Hours

Monday to Thursday 8:30am to 4:00pm

Friday 9:00am to 3:30pm

## ANZAC Day

On ANZAC Day, our students participated in the Paynesville RSL's ANZAC March and Service.

Our school captains, Iley and Jason, did a great job giving speeches during the service, speaking with confidence and respect, and laid wreaths. Thank you Iley and Jason for the way you showed leadership and represented our school.

Another thank you to all the students who joined us in the ANZAC March. It was great to have so many students participate and represent our school in the community. All these students have been awarded a point each for their house.



# Principal's Report

Hi everyone,

Welcome back after a long school holiday and Easter break. Hope everyone enjoyed a few eggs and maybe a holiday break or special time with family and friends.

The term has started well with a short first week of three days. Students spent much of last week learning about ANZAC Day and the message that underpins the commemoration of this as an especially important part of our history. We want to appreciate as a school community how important it is to educate our children in the stories and significance of this day now and into their futures. The ANZAC Day Assembly at school was attended by many in our school community and our students participated through their stories, poems, posters and the Lee Kernahan song 'Lest We Forget' was sung beautifully by students. A huge thank you to our own Glenn Loe - Pipe Major who told the students of the role of the pipes in war and their historical significance. He also shared some of his own special stories. Terry Paine from the RSL also shared some memoirs and stories of individuals who were part of the war and their unique stories. One of the important points he wanted students to take away was that the soldiers and all who went to war were just ordinary people who wanted to stand up to protect their country. They were true heroes. Lest We Forget.



Also at the Assembly our Student Leaders for 2025 received their Achievement Certificates. They also went to the GRIP Student Leadership Conference in Sale on Tuesday which was a fantastic experience for them.

We look forward to a fantastically full term ahead.

Take care.



**Deb Mathers - Principal**



# End of the Chaplaincy Program

Dear friends / wonderful community

It is with huge sadness that I have to let you all know that my time in Paynesville has come to an end and I am relocating back to my family in Melbourne.

It has been a great privilege to journey with you and care for you over the past 3 years. I have dearly loved being your chaplain, creating a safe place, hearing your stories and of course the countless games of Uno. I will miss you deeply.

Be kind to one another, take care.

Jill



*"Hearts that beat to the tune of kindness  
CAN change the rhythm of the world".*



# The Prep/One class learning drumming!





**GRADE 1/2** have begun their unit on reading and writing **NON-FICTION TEXTS**.

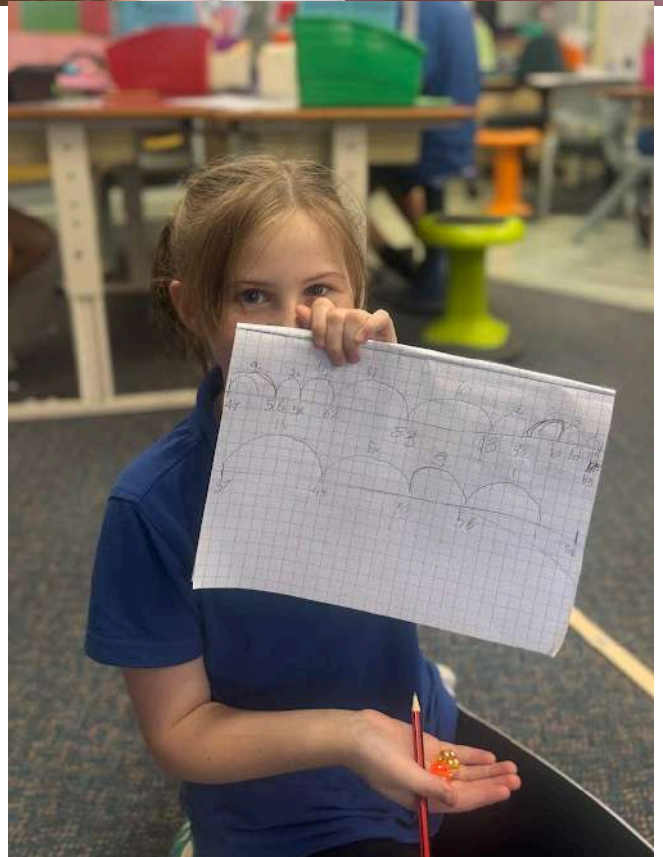
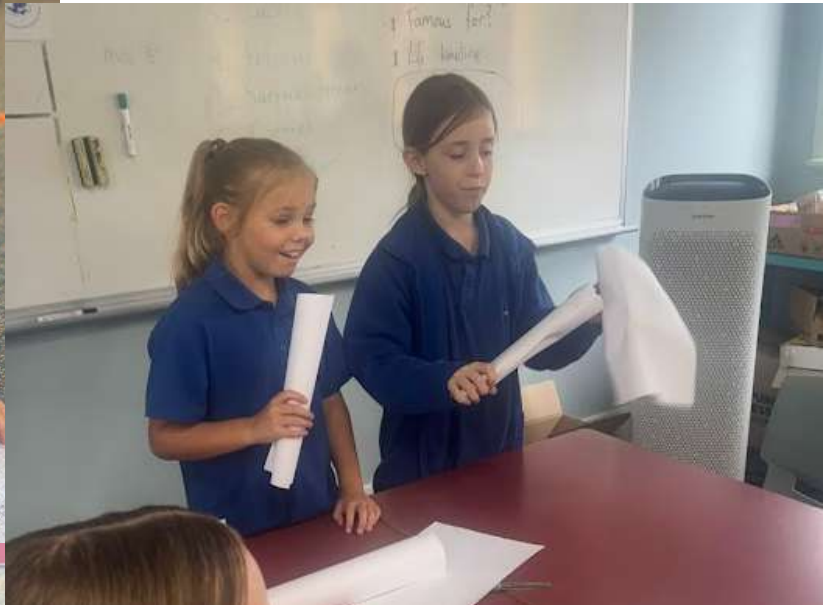
Here they are showing you their favourite Factual Text from day one of Term 2. They are looking forward to finding out lots of information about a whole range of different topics.



## Grade 3/4 Classroom Report

Grade 3/4 has returned to school full of energy and enthusiasm! In Maths, we've been sharpening our quick recall of addition facts, helping to build confidence and fluency. In Literacy, our focus has been on persuasive writing, with a fun twist—marketing! Students have been learning how to convince others to buy their products, beginning with items found on their desks and then moving on to designing their own problem-solving inventions. The creativity on display has been truly impressive!

In the afternoons, excitement is building as we prepare for camp. We've been researching travel times, exploring the activities we'll be doing, and learning more about the destination. There's a real buzz in the classroom as we count down the days!





We have had a great start back to the term in our classroom! We have a new student named Will who has slotted in perfectly making friends already. The Grade 5 students are beginning **kindergarten visits** this week and these will take place on Tuesdays & Thursdays across the term. **District Cross country** is on Monday the 5<sup>th</sup> and **Winter Sports** will take place on May 16<sup>th</sup>. Grade 4 students have **Camp Coonawarra** in 2 weeks, so please make sure that forms are brought back ASAP so that we can organise groups. Thank you!

Miss S

# GRADE 4/5 CLASSROOM

## READING

- We have started the term reading and working two books - Scary Bird and The Red Tree.
- The kids have been making connections, defining character traits, asking questions and forming opinions about different aspects of these books.

## MATHS

- We have begun term two with subtraction.
- We have been looking at using three different mental strategies alongside the written strategy - jump strategy, compensation strategy and split strategy.
- It has definitely challenged students who have had to learn that it's not just about the answer - but in fact the journey/working out that got them there!
- Our next topic will be volume and capacity.

## WRITING

- The students are very excited to be diving back into PERSUASIVE writing!
- The kids are currently designing a toy/creation that they are going to market to a demographic and persuade them to buy! I have seen some incredible ideas so far and cant wait to share some of their posters!

## TERM 2 CLASSROOM LEADERS

Well done to our leaders for Term Two - Nathan, Liam, Ally and Melanie! They will have a say in different activities we do across the term and will make any big decisions for us!







# Grade 5/6

## This week at School

We have been learning about inferring the intended audience the author is writing to.

In writing we revisited how to write persuasive essays. We will be looking at how to create an advertisement and participate in class debates in the coming weeks.

We have started learning different strategies to help work out division problems. We looked at how multiplication and division link.

## ANZAC Day Ceremony

Well done to the senior students that represented our school at the local ANZAC ceremony. Jason and Iley spoke very well and can be proud of their efforts.



## Upcoming Events

Division Cross Country-

Monday 5<sup>th</sup> of May

Winter Sports- 16<sup>th</sup> May

## GRIP Student Leadership Conference

Students recently attended the GRIP leadership conference in Sale. They learnt what it meant to be a school leader and how to lead in a positive manner.





# Food Technology

# Healthy Eating

This term we have explored traditional and diverse cultural foods with a focus on GRAINS. Last week we all made ANZAC biscuits. This week Prep and Class 1&2 made GF Muesli bars rich in wholegrains, seeds and fruit (so yummy!!). Our school garden had a wonderful crop of lettuce, so the senior school made San Choy Bow using beef and water chestnuts!

We have been learning about **WHOLEGRAINS** that provide energy and fibre to our bodies including wholemeal flour, brown rice and oatmeal. **Fibre** is the **indigestible parts of plant foods**, such as **vegetables, fruits, grains, beans and legumes**. It is type of a carbohydrate that helps keep our digestive systems healthy.



Wholegrains contain fibre which keeps our digestive systems healthy.



## This Weeks Recipe

## Gluten Free Muesli Bars

### Ingredients:

Line a 20 cm baking tray with paper

5 GF Weetabix

1 ½ cups rice bubbles

½ cup desiccated coconut

1 tbsp. plain flour

1 cup mixed seeds and fruit

½ cup coconut oil

½ cup honey

1/3 cup brown sugar, firmly packed

1 tsp vanilla extract



- line tray with papers and lightly spray with oil
- Crush Weetabix and mix with other dry ingredients
- In a saucepan, melt coconut oil, honey, brown sugar and vanilla stirring with a whisk until smooth. Bring liquid to a boil, then pour over dry ingredients. Stir well with wooden spoon until no dry patches remain. Spoon into baking tray and press with back of spoon.

Bake approx. 15 minutes until just golden on top.

As soon as removed from oven, press down with a spoon to compress.

Cool, then cut into bars (12).



WHITE

YELLOW

ORANGE

RED

BLUE-PURPLE

GREEN



## **Values Award Winners for Weeks 1 and 2**

### **Students identified by staff to be demonstrating **POSITIVITY****

**April Wyntjes** - positive attitude towards learning maths

**Will Fountain** - positively taking on the role of mentor to a new student

**Aariz Lakhani** - for putting in extra time to finish his holiday writing

**Hannah Morris** - her positive approach to her learning

**Bradie Henery** - for his positive attitude towards his learning

**Zoe Wynjtes** - positive support of classmates

**Luke Noske** - for a positive start to his learning this term

**Matilda Miller** - positive participation in our ANZAC assembly

**Jason Guthrie** - for the positivity he shows in his leadership role

**Cooper Turner** - a positive start to Term 2! Well done

**Jaylen Howard-McKay** - always making positive learning choices

**Titan Beams** - his positive approach to his class work

**Ted Smith** - always trying his best and having a go

**Will Harris** - a positive start to the term and a new school

**Well done to all these students that have worked to display  
actions showing our value of POSITIVITY**





# Get Your Game On Outside

SCREEN FREE WEEK | 5-11 MAY



# Get Your Game On Outside

## SCREEN FREE WEEK

### 5-11 MAY

Get Your Game On Outside (GYGOO) helps kids, teens, and adults spend more time playing outside and being active, while using screens less. Screen-Free Week is a great chance to build healthy screen habits by swapping screen time for fun outdoor play. Look out for your child's 2025 Screen-Free Week activity pack from their school, or ask the GLCH Health Promotion team for a booklet at [hp@glch.org.au](mailto:hp@glch.org.au). Kids can also join the Screen-Free Week competition to win a great prize! Even cutting screen time by just one hour a day gives more time for active, creative fun.



IN 2021 ONLY

**47.3%**

of Victorian children aged 5-12 years met the physical activity guidelines, a decrease from 62.2% in 2013



In 2021

**88%**

of children aged 5-12 years did not meet both the physical activity guideline and the screen-based activity guideline

In 2021, approximately

**1 in 3**

Victorian children aged 5 to 12 years exceeded the recommended screen time guidelines



## RESEARCH SUGGESTS

a strong relationship between sedentary behaviour/sitting time and negative health outcome indicators, including the risk of chronic disease and

# obesity

Family and home-related factors appear to be most influential on the sedentary behaviour of children and young people



In addition to adverse physical health outcomes, sedentary behaviour for longer than

**2 hours a day**

is associated with lower self-esteem, poor prosocial behaviour and decreased academic achievement in school-aged children and young people



## SOURCES



**1 WHO**

Kids of all ages – from prep right through to secondary school students, too!



**2 WHAT**

Screen-Free Week gives kids a chance to take a break from gaming, YouTube, and TikTok and enjoy fun activities without screens. Even just one extra hour a day without screens means more time to play, be creative, and spend time with others.

**3 WHEN**

Screen-Free Week is from May 5-11, but you can enjoy screen-free activities any time of the year! If going completely screen-free isn't possible for your family, try cutting back a little each day throughout the week.

**4 WHERE**

Use your screen-free time to enjoy a local park, splash in the pool, play at the playground, explore a nature trail, or have fun at places like mini golf. There are many ways for everyone to take part in screen-free activities, no matter their abilities!



**5 WHY**

A 2021 survey found only 47.3% of Victorian children aged 5-12 years met the physical activity guidelines, which was a decrease from 62.2% in 2013. Nearly 88% of children aged 5-12 years did not meet both the physical activity component and the screen-based activity component. You are the 24/7 CEOs of your children's lives—responsible for all the different departments: thinking, movement, social skills, values, and learning. By encouraging less screen time, you create more opportunities for active play. Your support can help your child participate in Screen-Free Week! (Victorian Child Health and Wellbeing Survey, 2021)





# Have You Ordered Your School Photos?

Your photo day is: **19-05-2025**



[leadingimage.com.au](http://leadingimage.com.au)



## Paynesville Primary School DON'T MISS OUT!

To order your school photos:

1. Go to [www.leadingimage.com.au](http://www.leadingimage.com.au)
2. Click on Order Your School Photos
3. Enter your Access Key

**!** Individual & family photos can be ordered with the same access key. Family photographs must be ordered **before 4:30pm the night before photo day**. Please ensure your orders are placed before this time.

Access key: **E8EG3825**



Scan to order!

